

Extract-Based Worksheet: Nelson Mandela – Long Walk to Freedom

Extract 1

"Out of the experience of an extraordinary human disaster that lasted too long, must be born a society of which all humanity will be proud."

1. What does Mandela's ideal society emphasise?
 - a. Economic prosperity
 - b. Military strength
 - c. Equality and harmony
 - d. Freedom of speech
2. Which value is most reflected in Mandela's vision?
 - a. Upliftment
 - b. Freedom
 - c. Isolation
 - d. Authority
3. Explain how Mandela's ideal reflects the core values of democracy.
4. How does this statement contrast with the apartheid system?
5. Why is the concept of equal opportunity crucial in a democratic society?

Extract 2

"The policy of apartheid created a deep and lasting wound in my country and my people. All of us will spend many years, if not generations, recovering from that profound hurt."

1. What does Mandela imply about the impact of apartheid?
 - a. It was gradually forgotten
 - b. It caused long-lasting unrest
 - c. It left a long-lasting emotional and societal damage

- d. It improved national unity
2. What tone does Mandela use in this statement?
 - a. Humorous
 - b. Reflective and sombre
 - c. Sarcastic
 - d. Indifferent
 3. Discuss the metaphor of 'wound' used in this extract.
 4. How does this statement highlight the long-term effects of systemic injustice?
 5. Why might recovery from apartheid take generations?

Extract 3

"I knew that the oppressor must be liberated just as surely as the oppressed."

1. What does Mandela suggest about the nature of oppression?
 - a. Only the oppressed suffer
 - b. Oppressors are unaffected
 - c. Oppression dehumanises both the oppressed and the oppressor
 - d. Liberation is unnecessary for both
2. Why does Mandela believe the oppressor needs liberation?
 - a. To gain power
 - b. To escape guilt and hatred
 - c. To become wealthy
 - d. To avoid punishment
3. Explain the philosophical depth of Mandela's view on liberation.
4. How does this statement redefine the concept of freedom?
5. Why is it important to recognise the humanity of both the oppressed and the oppressor?